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- FREE COMMUNITY EVENTS
- FREE YOUTH & FAMILY PROGRAMS
- FREE ADULT PROGRAMS
- FEE-BASED PROGRAMS



1 National Walking Day (All Day)	2	3 4v4 Basketball w/N3XT Athletics @ Kerr Park 4:45PM - ages 7-10 5:45PM - ages 10-13	4 Junior Master Naturalist 10AM @ Bob Bryant Flag Football @ Kerr Park 11AM - ages 7-12
5	6	7	8 Brain Boost 1PM - Rec Center Boot Scootin' 6:45PM @ Rec Center
9	10 4v4 Basketball w/N3XT Athletics @ Kerr Park 4:45PM - ages 7-10 5:45PM - ages 10-13	11 Junior Master Naturalist 10AM @ Bob Bryant Flag Football @ Kerr Park 11AM - ages 7-12 Stress Less Workshop 11:45AM @ Rec Center	12
13 Discovery 4:30PM - Rec Center	14 Meditation & Restorative Yoga 12:45PM - Rec Center	15 Boot Scootin' 6:45PM @ Rec Center	16
17 4v4 Basketball w/N3XT Athletics @ Kerr Park 4:45PM - ages 7-10 5:45PM - ages 10-13	18	19	20 Creating a Resilient Garden 9AM @ Bob Bryant Junior Master Naturalist 10AM @ Bob Bryant Flag Football @ Kerr Park 11AM - ages 7-12 Tiny Connections 11:45AM - Rec Center
21 Cooking for Change w/Family Crisis Center 4:30PM @ Rec Center	22 Boot Scootin' 6:45PM @ Rec Center	23	24 Sunrise Yoga - 8AM @ Fisherman's Park
25 Creating a Resilient Garden 9AM @ Bob Bryant Junior Master Naturalist 10AM @ Bob Bryant	26	27 NATIONAL DANCE WEEK -->	28
29 Boot Scootin' 6:45PM @ Rec Center	30 Music in the Park 6:30PM @ Fisherman's Park	31	26 Discovery 4:30PM - Rec Center

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**Brain Boost** – A fun, social program designed to keep your mind active and engaged! Every session features a new brain-stimulating activity like trivia, word games, memory challenges, puzzles, creative projects, and more. Perfect for seniors looking to challenge their minds and connect with others. Registration REQUIRED.

**Boot Scootin'** – FREE line dance session. Expect a mix of familiar favorites and maybe even a few new ones to keep things fresh. Wednesdays, April 8–29 at 6:45 PM at Bastrop Rec Center. This session is all about keeping it simple and fun. There will be no separate beginner or advanced classes. Just one class where everyone can jump in, dance, and have a great time together.

**Cooking For Change** – Let's stir things up—literally – and mix up fun, flavor, and fresh ideas. You'll cook up tasty recipes and dive into conversations about topics that matter. Led by the Family Crisis Center, this experience is about more than just food—it's about finding your voice, connecting with others, and making a difference in your community. Ages 11–14 years. Registration REQUIRED.

**Creating a Resilient Garden** – Join Rudy Zuniga from the Bastrop County Master Gardeners and discover how to create a resilient, thriving garden right at home! Learn practical tips and techniques to improve your soil and make the most of natural resources. April 18 – Part 1: Healthy Soil | April 25 – Part 2: Backyard Composting. Both at Bob Bryant Park. Meet at the shed near the front of the park. Perfect for beginners and seasoned gardeners.

**Discovery** – Explore, learn, and make new friends. Sign up today for fun-filled art, stem, and nature activities, team challenges, and ultimate exploration! Activities may include movement, art, science, and more! Ages 6–12 years. Registration REQUIRED.

**Junior Master Naturalist** – Hands-on programs exploring Central Texas wildlife, plants, and ecosystems. Perfect for curious minds of all ages. Every Saturday from March 28<sup>th</sup> – April 25<sup>th</sup>. Hosted in partnership with the Texas Master Naturalists: Lost Pines Chapter. Registration REQUIRED.

**Meditation and Restorative Yoga** – Calm your body and relax your body with Meditation and Restorative yoga. This gentle practice helps release tension, encourage relaxation, and restore balance as you take time to slow down and find your inner peace.

**Music in the Park** – In partnership with Bastrop Live Music Foundation! Grab a blanket, bring your lawn chairs and join us for a relaxing evening of live music under the open sky at Music in the Park! Enjoy great tunes by @Ben Zuniga and @Phil Hurley, fresh air, and a fun night out with friends and family. Food vendors will be on site with tasty bites available for purchase, and this event is BYOB, so feel free to bring your favorite beverages and settle in for the evening. This laid-back community event is perfect for all ages—just show up, spread out, and enjoy the music.

**National Walking Day** – Celebrate National Walking Day by getting outside, getting moving, and connecting with your community! We're planning a variety of FREE guided group walks led by local volunteers at safe, accessible locations throughout the community.

**Nutrition Workshop** – Nourish + Connect is a gentle, conversational nutrition workshop designed for adults who want simple, sustainable ways to feel better in their bodies. Registration REQUIRED.

**Sports w/N3XT Athletics** – BASKETBALL – Free clinic Friday, March 6<sup>th</sup> | Spring 4v4 League – designed to maximize touches, spacing, decision-making, and confidence. | Spring Saturday Skills – Skill development, agility drills, shooting practice, and game-like situations to prepare players for leagues, tournaments, and school teams. | FOOTBALL – Free Clinic Saturday, March 7<sup>th</sup> | Saturday Flag Football Training – Flag football drills, agility exercises, passing/running practice, and game-like situations to prepare players for leagues and school teams. Register at [n3xtathletics.com](https://n3xtathletics.com)

**Stress Less** – Stress is a normal part of life, but small daily practices can help us respond with greater calm and balance. Participants will learn simple and practical ways to manage everyday stress. We'll explore how stress affects the body, common stress triggers, and gentle tools that support well-being, including understanding the body's stress response, lifestyle habits that support resilience, simple breathing and relaxation techniques, and practical strategies you can use anytime.

**Sunrise Yoga** – Start your morning with movement, fresh air, and sunshine. Join us for Sunrise Yoga on April 24 at 7:00 AM at Bob Bryant Park. This all-levels outdoor class is the perfect way to wake up your body and mind. Please bring your own mat and water.

**Tiny Connections** – Tiny Connections is a caregiver-and-child class series designed to foster connection, movement, and fun! This month we will be showcasing Little Yogis. A yoga class where children explore movement, mindfulness, and imagination. Through breathing games, gentle stretches, and creative activities, kids build self-awareness and focus. Registration REQUIRED.